

“All About Improv, Applied Improv, Creativity, Play, Innovation... Part 3”

- A list compiled by Kay Ross, published April 26, 2016

Here are Parts 1 and 2 in the series:

“All About Improv, Applied Improv, Creativity, Play, Innovation...” by Kay Ross
<http://www.kayross.com/blog/2013/04/26/all-about-improv-applied-improv-creativity-play-innovation/>

“All About Improv, Applied Improv, Creativity, Play, Innovation... Part 2” by Kay Ross
<http://www.kayross.com/blog/2015/04/26/all-about-improv-applied-improv-creativity-play-innovation-part-2/>

And now, Part 3 in the series comprises:

Part A: Specifically about Improv and Applied Improvisation	Pp. 1-13
Part B: More generally about Creativity, Play, Innovation...	Pp. 13-17
Part C: Should We “Celebrate Failure”?	Pp. 17-21
Part D: Books	Pp. 22-23

If you click on a link in this PDF and find that it doesn't work, copy and paste the link into your browser – it might work that way.

Part A: Specifically about Improv and Applied Improvisation

“Second City teaching improv to help cope with anxiety, autism” by Victoria Ahearn
<http://www.cp24.com/lifestyle/health/second-city-teaching-improv-to-help-cope-with-anxiety-autism-1.2719899>

“AIN World Conference 2015 – Montreal” - videos of short talks by 9 presenters, on various topics, at the Applied Improvisation Network's conference
https://www.youtube.com/playlist?list=PLRBK5Z3g1_yqtksgKs1WbvMes7dT1bFhx

“Ep23: How to bring creativity to business with Michelle James” audio and transcript of a podcast by Halelly Azulay, “The Talent Grow Show” – Michelle talks about improv, among other things
<http://www.talentgrow.com/podcast/episode23>

“What Improv Comedy Can Teach You About Workplace Success” by Kara Baskin
<https://lifereimagined.aarp.org/stories/36031-What-Improv-Comedy-Can-Teach-You-About-Workplace-Success>

“Tales from the Unstuffed Shirt - Unleashing the Power of “Yes! And” at Work” by Steven Beauchem

<http://todayimprov.com/blog/16/tales-from-the-unstuffed-shirt-power/>

“8 Ways To Convince Your Boss To Bring Improv To Work” by Coonoor Behal
<http://www.mindhatchllc.com/our-writing/8-ways-to-convince-your-boss-to-bring-improv-to-work/>

“Improv Tools for Organizational Impact” by Maya Bernstein
http://ssir.org/articles/entry/improv_tools_for_organizational_impact

“Communication: Spontaneous scientists” by Rachel Bernstein
<http://www.nature.com/naturejobs/science/articles/10.1038/nj7481-121a>

“Want to Be More Creative? Think on Your Feet” by Adam Bluestein
<http://www.inc.com/magazine/201404/adam-bluestein/companies-use-improv-to-boost-creativity.html>

“Four Big Lessons From Stephen Colbert, Tina Fey And Other Improv Masters” by Andy Boynton, Dean of the Carroll School of Management at Boston College
<http://www.forbes.com/sites/andyboynton/2015/11/05/four-big-lessons-from-stephen-colbert-tina-fey-and-co/#16296b6f393d>

“Medical Improv Status Activities: Don’t Miss this Cutting Edge Video!” by Beth Boynton, with a video, 53m 53s
<http://www.confidentvoices.com/2015/07/18/medical-improv-status-activities-dont-miss-this-cutting-edge-video/>

“Optimizing Outcomes and Approaching Change Differently This Year Through Medical Improv” by Beth Boynton
<http://mkt.medline.com/advancing-blog/optimizing-outcomes-and-approaching-change-differently-this-year-through-medical-improv/>

“Nursing Research Shows Improv Techniques Improve Communication” by Beth Boynton
<http://www.confidentvoices.com/2016/04/16/nursing-research-shows-improv-techniques-improve-communication/>

“Breaking through Status Conflict with Medical Improv” by Beth Boynton
<http://mkt.medline.com/advancing-blog/breaking-through-status-conflict-with-medical-improv/>

“How Improv Workshops Can Help a Corporation Improve” by Jimmy Carrane
<http://jimmycarrane.com/how-improv-workshops-can-help-a-corporation-improve/>

“How to Improve Your Side Coaching” by Jimmy Carrane
<http://jimmycarrane.com/how-to-improve-your-side-coaching/>

“Parallels between Improv Comedy and Therapy” by Barb Chandler
<http://psychcentral.com/lib/parallels-between-improv-comedy-and-therapy/>

“Critical Point-Communicating Science” by Robert P. Crease, about Alan Alda’s work using improvisation to teach scientists to communicate better
<http://www.centerforcommunicatingscience.org/ccs-in-the-media/physics-world/>

“Creating a Classroom Culture of Laughter” by Laura Davis (with instructions for lots of improv warm-up exercises)
<http://www.edutopia.org/blog/creating-classroom-culture-of-laughter-laura-davis>

“15 Improv games to develop leadership skills and ensemble thinking in your group (part one)” from Deeper Funner Change Project
<http://deeperfunner.com/15-improv-games-to-develop-leadership-skills-and-ensemble-thinking-in-your-group-part-one/>

“15 Improv games to develop leadership skills and ensemble thinking in your group (part two)” from Deeper Funner Change Project
<http://deeperfunner.com/15-improv-games-to-develop-leadership-skills-and-ensemble-thinking-in-your-group-part-two/>

“Spontaneity School: 10 Improv Games to Develop Courage, Compassion and Creativity” by Ted DesMaisons
<http://animalearning.com/2012/08/29/fresh-start-10-improv-games-to-develop-courage-compassion-and-creativity/>

“More Spontaneity School: Another 10 Improv Games to Enliven the Classroom or Workplace” by Ted DesMaisons
<http://animalearning.com/2014/09/01/more-spontaneity-school-another-10-improv-games-to-enliven-the-classroom-or-workplace/>

“Return of Spontaneity School: A Third Set of Improv Games for the Classroom and Work Environment” by Ted DesMaisons
<http://animalearning.com/2015/12/09/return-of-spontaneity-school-a-third-set-of-improv-games-for-the-classroom-and-work-environment/>

“Unleash the Hounds!!! (Part 1 of 2 in a series on How to Evaluate Choices Without Shutting Down the Creative Muse)” by Ted DesMaisons
<http://animalearning.com/2015/12/23/unleash-hounds-part-1-2-series-evaluate-choices-without-shutting-creative-muse/>

“Judgment vs. Discernment (Part 2 of 2 in a series on How to Evaluate Choices Without Shutting Down the Creative Muse)” by Ted DesMaisons
<http://animalearning.com/2015/12/24/judgment-vs-discernment-part-2-of-2-in-a-series-on-how-to-evaluate-choices-without-shutting-down-the-creative-muse/>

“Monster Baby Podcast: A Curious Romp Through the Worlds of Mindfulness and Improvisation!” - a series of podcasts by Ted DesMaisons and Lisa Rowland
<http://animalearning.com/monsterbabypodcast/>

“Improv: a way to design in uncertainty” by Hannah du Plessis
<https://medium.com/@Hannahdup/improv-and-design-5bdc033166bb>

“Improv Training Is Making Management Throw Away the Script - The next consultant to visit your office may not be from McKinsey.” by Anthony Effinger
<http://www.bloomberg.com/news/features/2015-09-29/improv-training-is-making-management-throw-away-the-script>

“8 Lessons Improv Comedy Class Taught Me About Entrepreneurship” by Jess Ekstrom
<http://www.entrepreneur.com/article/246898>

“How Improv Can Open Up the Mind to Learning in the Classroom and Beyond” by Linda Flanagan
<http://ww2.kqed.org/mindshift/2015/01/30/how-improv-can-open-up-the-mind-to-learning-in-the-classroom-and-beyond/>

“Adapting Improv Games to Ideation/Problem Solving” by Gregg Fraley
<http://greggfraley.com/blog/2010/10/14/adapting-improv-games-to-ideationproblem-solving/>

“How Medical Improv Can Shift Healthcare Communication and Promote Wellness” by Stephanie A. Frederick
<http://stephaniefrederick.com/how-medical-improv-can-shift-healthcare-communication-and-promote-wellness/>

“If business is improv, then training can help” by Terry Galvin
<http://www.heraldtribune.com/article/20150330/article/150329672>

“Applied Improvisation for Health Professionals- An Idea Whose Time Has Come” by Debra Gerardi
<http://ehcco.com/ehccoblog/2013/8/9/applied-improvisation-for-health-professionals-an-idea-whose-time-has-come>

“Why Top Companies And MBA Programs Are Teaching Improv” by Vivian Giang
<http://www.fastcompany.com/3055380/the-future-of-work/why-top-companies-and-mba-programs-are-teaching-improv>

“Why You Should Just Say Yes in Life, According to Keegan-Michael Key” by Glamour
<http://www.glamour.com/story/why-you-should-just-say-yes-in-life-according-to-keegan-michael-key>

“Practice Improvised Mindfulness At Your Desk - Patricia Ryan Madson, author of *Improv Wisdom*, offers this mindful improv practice.” by Line Goguen-Hughes
<http://www.mindful.org/practice-improvised-mindfulness-at-your-desk/>

“Accelerate Change by Tapping Creativity” by Andre Golard, Chris Grivas, and Andrew McMasters
<https://www.linkedin.com/pulse/accelerate-change-tapping-creativity-andrew-mcmasters>

“The chronic problem of communication: Why it’s a patient safety issue, and how hospitals can address it” by Kelly Gooch, about medical improv and Beth Boynton
<http://www.beckershospitalreview.com/quality/the-chronic-problem-of-communication-why-it-s-a-patient-safety-issue-and-how-hospitals-can-address-it.html>

“Improv for life - Cheaper than therapy and more fun.” by Patrick Graney
<http://cltampa.com/artbreaker/archives/2016/03/25/improv-for-life#.Vvdv1Ed9pPa>

“How I brought some laughter to post-war-ravaged Rwanda, for a change” by Ed Greenberg
<http://www.goodeveryday.com/how-i-brought-some-laughter-to-post-war-ravaged-rwanda-for-a-change/>

“Troubled boys get their lives back through improv—and Spongebob Squarepants?! (Video)” by Ed Greenberg
<http://www.goodeveryday.com/the-funny-class/>

“How I Improvised in Prison - and Found My Voice | Dionna Griffin-Irons | TEDxUChicago” (video, 15m 2s)
<https://www.youtube.com/watch?v=Y5kUvoRoh-A&feature=youtu.be>

“Improv advice from Sam Shepard” by William Hall
<https://improvnb.wordpress.com/2016/04/16/sam-shepard-its-improvising-you-cant-make-a-mistake/>

“Herbie Hancock On Miles Davis”, about “mistakes” (video, 1m 31s)
<https://www.youtube.com/watch?v=t-vltf0G05M>

“How Improv Made Its Way into Corporate America” by Jacob Harper, profiling AIN member Mike Bonifer
<http://www.vice.com/read/how-improv-made-its-way-into-corporate-america-521>

“Building Better Teams With Improv” by Daniel Harris
<http://www.quantumworkplace.com/building-better-teams-with-improv/>

“The Business Case for Improv Training: Leadership, Public Speaking, Innovation” by Heidi Haskell

<http://www.marketergizmo.com/the-business-case-for-improv-training-leadership-public-speaking-innovation/#innovation>

“Funny Business: Applied improv helps corporate teams communicate, collaborate” by Jill Hinton

<http://mibiz.com/news/higher-education/item/22257-funny-business-applied-improv-helps-corporate-teams-communicate,-collaborate>

“Robots, Monsters & Improv, oh my!” - a Creative Mornings talk by Gary Hirsch (video, 44m 30s)

<http://creativemornings.com/talks/gary-hirsch/1>

“Using the power of improv to reinvent qualitative research” by Nigel Hollis

<http://www.millwardbrown.com/global-navigation/blogs/post/mb-blog/2015/11/04/using-the-power-of-improv-to-reinvent-qualitative-research>

“What Is Euphoria?” by Laura Huhn

Excerpt: “Improv, a form of theater in which everything is made up on the fly, is also being used as mental exercises for anxiety.”

<http://www.rewireme.com/happiness/what-is-euphoria/>

“Ideas Worth Improvising | International Theater Stockholm | TEDxStockholm” (video, 17m 16s)

https://www.youtube.com/watch?v=INLIQd5N_VI&list=FLMwqFOjBJiXmYR62sh1zj5q&index=8

“The not-so-funny reason therapists are taking comedy classes” by Colby Itkowitz

<https://www.washingtonpost.com/news/inspired-life/wp/2016/04/25/the-not-so-funny-reason-therapists-are-taking-comedy-classes/>

“Freestyle as a lifestyle | Jonathan Iwry | TEDxPenn” (video, 13m – he talks about improvisation and uncertainty)

<https://www.youtube.com/watch?v=6mkyfQKwHdA&feature=youtu.be>

“Easy: Your LIFEPASS to Creativity and Confidence - Part One” from Improvisation Academy (video, 13m 17s, with Paul Z Jackson). And see Parts 2-6 on the same YouTube page

https://www.youtube.com/watch?v=-Wxg21SY8QI&index=1&list=PLIhRdHXPcDXPt5yE_wZgdf9tZlS-AWH

“Improvisation for non-performers” by Paul Z Jackson

<https://www.linkedin.com/pulse/improvisation-non-performers-paul-z-jackson>

“How did you get here: did you improvise?” by Paul Z Jackson

<https://www.linkedin.com/pulse/how-did-you-get-here-improvise-paul-z-jackson>

“Don’t make this mistake about mistakes” by Paul Z. Jackson

<http://www.impro.org.uk/content/don%E2%80%99t-make-mistake-about-mistakes>

“This Agency Hires Improv Comedians to Brainstorm Your Campaign - HP, Pandora try out ‘funworkshops’” by Lauren Johnson

<http://www.adweek.com/news/advertising-branding/agency-hires-improv-comedians-brainstorm-your-campaign-169703>

“Leadership Agility: Using Improv to Build Critical Skills” by Kip Kelly of UNC Kenan-Flagler Business School

<http://www.iameetings.com/wp-content/uploads/2014/06/leadership-agility-using-improv.pdf>

“Improvisation in Business: Better Co-Creation and Brainstorming, Part I” by Kathy Klotz-Guest

<http://keepingithuman.com/improvisation-in-business-better-co-creation/>

“Happy April Fool’s Day! Here’s Why Humor Won’t Save Your Company Unless....” by Kathy Klotz-Guest

Excerpt: “Fun is not a morale-fixing strategy. It is part of a culture that values people.”

<https://www.linkedin.com/pulse/happy-april-fools-day-heres-why-humor-wont-save-your-klotz-guest>

“Keeping it Human’s Improv & Innovation Cafe with Kathy Klotz-Guest” and her guest Brian Carter (podcast, 54m 25s) – they discuss applied improvisation and marketing

<https://www.youtube.com/watch?v=eICeFj2PTfw>

“StoryDNA: Business Storytelling and Improvisation” by Kathy Klotz-Guest (video, 45m 55s). Hosts Kathy Klotz-Guest and Brian Carter chat with improviser and founding member of SF-based BATS Improv, Rebecca Stockley, about storytelling through the lens of improvisation.

<https://www.youtube.com/watch?v=XoHk3VX9UIM>

“Improv & Innovation Café - How to use improv to generate creative content marketing ideas” (video, 47m 21s, with Kathy Klotz Guest, Gary Ware and Brian Martin)

<https://www.youtube.com/watch?v=ffYI7r-FOMA>

“Business Storytelling - we take your questions: Kathy Klotz-Guest & Kat Koppett” (video Blab, 48m 21s)

<https://blab.im/fc08db56d7e9483585807cbe216ba13e>

“A Stanford professor says eliminating 2 phrases from your vocabulary can make you more successful” by Shana Lebowitz (one of the tips is to say “and” instead of “but”)

<http://www.businessinsider.in/A-Stanford-professor-says-eliminating-2-phrases-from-your-vocabulary-can-make-you-more-successful/articleshow/50883012.cms>

“The Power of “And.”” by Kelly Leonard

<https://www.linkedin.com/pulse/power-kelly-leonard>

“Getting Unstuck” by Kelly Leonard

<https://www.linkedin.com/pulse/getting-unstuck-kelly-leonard>

“Wanted: Leaders Who Can Change Their Mind” by Kelly Leonard (with a mention of the improv game “Take that Back”, aka “New Choice”)

<https://www.linkedin.com/pulse/wanted-leaders-who-can-change-mind-kelly-leonard>

“Want to Get Ahead? Work on Your Improv Skills” from Knowledge@Wharton - Kelly Leonard and Tom Yorton of The Second City talk about their book, “Yes, And: How Improvisation Reverses ‘No, But’ Thinking and Improves Creativity and Collaboration”

<http://knowledge.wharton.upenn.edu/article/why-improv-is-critical-to-business-success/>

“Improvisation as a Way of Dealing with Ambiguity and Complexity” by Stephen A. Leybourne, PhD

<https://gbr.pepperdine.edu/2010/08/improvisation-as-a-way-of-dealing-with-ambiguity-and-complexity-3/>

““Yes, And”: Eliminate Argument Forever with These 2 Simple Words. ~ Melissa Lynn Lowenstein” (about using “Yes, and...” with Alzheimer’s patients)

<http://www.elephantjournal.com/2014/09/yes-and-eliminate-argument-forever-with-these-2-simple-words-melissa-lynn-lowenstein/>

“Anatomy of an Improv Workshop Failure - The Tyranny of Tables” by Patricia Ryan Madson

<http://appliedimprov.ning.com/profiles/blogs/anatomy-of-a-failure>

“How Improvisation Reverses “No, But” Thinking and Improves Creativity” by Valeria Maltoni

<http://www.conversationagent.com/2015/05/reverse-no-but-thinking-improve-creativity.html>

“MBA students learn leadership skills through improv” by McGill Reporter Staff

<http://publications.mcgill.ca/reporter/2015/09/learning-leadership-skills-through-improv/>

“Making it up as you go along: how your brain improvises” by Malinda McPherson and Charles Limb (about musical improvisation)

<http://www.theguardian.com/education/2016/feb/20/how-brain-freestyles-music>

“Improv Is The Best Conditioning For Startup Life” by Fayez Mohamood

[Pity that TechCrunch illustrates the article with that quintessential image of stand-up comedy: a microphone in the spotlight. Kay]

<http://techcrunch.com/2015/03/01/improv-is-the-best-conditioning-for-startup-life/>

“Why Theater Majors Are Vital in the Digital Age” by Tracey Moore
<http://chronicle.com/article/Why-Theater-Majors-Are-Vital/235925/>

“Comedy Improv: Ideation Central” by Stefan Mumaw
<http://www.howdesign.com/design-creativity/comedy-improv-training/>

“Mick Napier: A Place of Yes” (video, 10m 16s)
<https://www.youtube.com/watch?v=mYv4vAnnuts&list=FLMwqFOjBJiXmYR62sh1zj5g&index=49>

“Two Big Lessons From Improvisation That Can Help Entrepreneurs Get Unstuck” by Heidi Neck
<http://www.forbes.com/sites/babson/2015/10/14/two-big-lessons-from-improv-that-can-help-entrepreneurs-get-unstuck/#7a6902c544af>

“TEDxRFT: the ultimate in Edmonton improv” by Liz Nicholls – about an improv game where a speaker gives a TEDx-style talk combining a topic from an audience member with a previously unseen slide deck
<http://edmontonjournal.com/entertainment/local-arts/tedxrft-the-ultimate-in-edmonton-improv>

“NPO Showcase - Healing Improv” featuring Bart Sumner, Founder and President of Healing Improv (video, 16m)

“Season 14, Episode 9 <http://www.grcmc.org/grtv/node/8033/npo-showcase---healing-improv>

And see www.healing-improv.com

“Improvising a Better World | Dan O’Connor | TEDxNapaValley” (video, 18m 28s)
<https://www.youtube.com/watch?v=TmDbPUjeWMA>

“Second City’s Serious Approach To Comedy In Content Marketing” by Dawn Papandrea
<http://blog.newscred.com/second-citys-serious-approach-to-comedy-in-content-marketing/>

“Why the world needs improv | Avish Parashar | TEDxBocaRaton” (video, 15m 20s)
https://www.youtube.com/watch?v=pzjdiqGAF_Q

“One Surprising Way To Build Resilience In The Workplace” by Cary Paul [It’s improvisation.]
<http://www.gothamculture.com/2015/06/18/one-surprising-way-build-resilience-in-the-workplace/>

“Build Better Habits With an Improvisational Mindset” by Jane Porter
<http://lifehacker.com/build-better-habits-with-an-improvisational-mindset-1738351098>

“15 Improv ‘Rules’ That Anybody Can Follow To Live A More Fulfilling Life” by Kim Quindlen

<http://thoughtcatalog.com/kim-quindlen/2015/11/15-improv-rules-that-anybody-can-follow-to-live-a-more-fulfilling-life/>

“Boost Communication With Medical Improv” by Julia Quinn-Szcesuil - an interview with Beth Boynton

<http://minoritynurse.com/boost-communication-with-medical-improv/>

“Why Standups Should Embrace, Not Revile, Improv” by John Roy

<http://splitsider.com/2016/03/why-standups-should-embrace-not-revile-improv/>

“The Applied Improvisation Network World Conference Austin - Belina Raffy HD” (video, 5m 41s) – Belina talks about her “Using Improv to Save the World (and me)” project

https://www.youtube.com/watch?v=iZeC4a0w_Yc&feature=youtu.be

“Improvising More Resourceful, Joyful Ways of Being” by Kay Ross, about the “Life is a Playground of Possibilities: Improvising More Resourceful, Joyful Ways of Being” workshop at the AIN conference in Montreal, September 2015 (written before the conference)

<http://playgroundofpossibilities.com/2015/08/02/improvising-more-resourceful-joyful-ways-of-being/>

“New Choice” by Kay Ross – about one of the games we played in the “Life is a Playground of Possibilities: Improvising More Resourceful, Joyful Ways of Being” workshop at the AIN conference in Montreal, September 2015

<http://playgroundofpossibilities.com/2015/11/17/new-choice/>

“The Story Spine” by Kay Ross – about one of the games we played in the “Life is a Playground of Possibilities: Improvising More Resourceful, Joyful Ways of Being” workshop at the AIN conference in Montreal, September 2015 (video, 2m 36s)

<https://youtu.be/AoFeXGGsNb4>

“Readying for Change: Use of Improvisation in Change Management Training” by Priya Nair Rajeev and Subramanian Kalpathi

<https://www.iimk.ac.in/websiteadmin/FacultyPublications/WorkingPapers/175fullp.pdf>

“10 Ways to Level Up in Improv” by Katy Schutte

<http://www.katyschutte.co.uk/blog/10-ways-to-level-up-in-improv>

“Gibberish for Speakers” by Gary Schwartz (video, 17m 21s)

<https://youtu.be/Ya-2tw1r71g>

“Coping with Complexity” by Gerard Seijts, Niels Billou, Mary Crossan, Niels Billou, Mary Crossan

<http://iveybusinessjournal.com/publication/coping-with-complexity/>

“ComedySportz Presentation” by Patrick Short about “Yes, and...” vs “Yes, but...” (video, 2m 8s)

<https://www.youtube.com/watch?v=liJHz9ply7A>

“Let’s Fight About Making Mistakes. Or Let’s Not.” by Patrick Short

<http://www.portlandcomedy.com/applied-improv-blog/2015/11/25/lets-fight-about-making-mistakes>

“Leading like an Improvisor” by Amy Shostak (about the “Dolphin Training” exercise, in pairs)

<http://www.amyshostak.ca/leading-like-improvisor/>

“Why Take an Improv Class?” from Sidestage Improv

<http://sidestageimprov.com/why-take-an-improv-class/>

“3 Ways Improv Training Can Improve Customer Service” by Daniel Sobol and Toby Bottorf

<http://www.fastcodesign.com/1671198/3-ways-improv-training-can-improve-customer-service>

“EXCHANGE: Improv used to teach business skills” by Lenore Sobota

<http://www.washingtontimes.com/news/2015/may/2/exchange-improv-used-to-teach-business-skills/?page=all>

“Karen Stobbe & Mondy Carter - Using improv to improve life with Alzheimer’s” at TEDMED, November 2015 (video, 11m 1s)

<http://www.tedmed.com/talks/show?id=526821>

“What improv has taught me about leadership | Rachel Stromberg | TEDxFSCJ” (video 18m 13s)

<https://www.youtube.com/watch?v=boqv1WzmHHo>

“TEDx Improv” – page with lots of TEDx videos about improv

https://www.youtube.com/results?search_query=TEDx+Improv

“An improvised life | Justin Thomson | TEDxOrangeCoast” (video, 5m 9s)

<https://www.youtube.com/watch?v=kQw6F6XTHZk>

“So Funny, It Doesn’t Hurt - Can improv be a form of therapy? Some psychologists think so.” by Kathleen Thornhill

<http://www.theatlantic.com/health/archive/2015/09/comedy-improv-anxiety/403933/>

“Do we plan too much? The role of improvisation in training delivery” - John Tomlinson interviews Paul Levy (audio recording, 39m 3s)

<http://trainertools.podbean.com/e/do-we-plan-too-much-the-role-of-improvisation-in-training-delivery/>

“Its The Human Connection In Improvisation That Cultivates Emotional Intelligence” by Jude Treder-Wolff

<http://www.livesinprogress.net/2016/04/its-human-connection-in-improvisation.html>

“Developing Emotional Intelligence Through Applied Improvisation: An Essential Mind and Skill Set for Social Workers workshop handout” by Jude Treder-Wolff

<http://www.livesinprogress.net/2016/03/developing-emotional-intelligence.html>

“IMPROV RULES: Developing Self-Awareness and Emotional Intelligence Through Applied Improvisation: Workshop Hand-out - Games, Exercises and Resources” by Jude Treder-Wolff

<http://www.livesinprogress.net/2015/06/improv-rules-personal-and-professional.html>

“The Improviser’s Mind Set Workshop Hand-Out: Games, Exercises and Resources” by Jude Treder-Wolff

<http://www.livesinprogress.net/2015/05/the-improvisers-mind-set-workshop-hand.html>

“Possible Futures: The Emotional Impact Of Stories To Promote Positive Change” by Jude Treder-Wolff

<http://www.livesinprogress.net/2015/07/possible-futures-emotional-impact-of.html>

“The art of storytelling and how it can help make a better world” by Jude Treder-Wolff (SlideShare deck of her workshop at the Applied Improvisation Network’s world conference, Montreal, September 2015)

<http://www.slideshare.net/louisamae/the-art-of-storytelling-and-how-it-can-help-make-a-better-world>

“Economic Data Shows That It Pays To Improv Interpersonal, Social-Emotional and Cognitive Skills” by Jude Treder-Wolff

<https://www.linkedin.com/pulse/economic-data-shows-pays-improv-interpersonal-skills-treder-wolff>

“Can A Creative Mindset Change Your Life? Yes, and applied improvisation points the way” by Jude Treder-Wolff

<https://medium.com/@judetrederwolff/can-a-creative-mindset-change-your-life-yes-and-applied-improvisation-points-the-way-ea44bc9a2786#.ejl1d6aed>

“THE IMPROVISER’S MIND SET: Its Not What You Think, Its *How*” by Jude Treder-Wolff

<https://medium.com/@judetrederwolff/the-scene-is-an-improvisation-training-intensive-with-gary-austin-founder-and-original-director-of-bc4ec0ccb566#.bcg52q108>

“Improv training helps Cleveland Clinic improve MD communications” by Neil Versel

<http://medcitynews.com/2016/04/improv-training-helps-cleveland-clinic-improve-md-communications>

““Yes, and”: Acceptance, Resistance, and Change in Improv, Aikido, and Psychotherapy” by Earl Vickers
http://www.sfxmachine.com/docs/yes_and.pdf

“The Zen of Improv: The Power of “No”” by Pam Victor
<http://pamvictor.blogspot.hk/2015/09/the-zen-of-improv-letting-go-of-power.html>

“The Zen of Improv: How “Yes and...” Screws the Pooch” by Pam Victor
<http://pamvictor.blogspot.hk/2015/10/the-zen-of-improv-how-yes-and-screws.html>

“How businesses are using improv to develop employees” by Philip Walzer
<http://hamptonroads.com/2015/09/how-businesses-are-using-improv-develop-employees>

“What is Medical Improv?” by Katie Watson and Belinda Fu
<http://www.medicalimprov.org/about/#aboutus>

“3 Exercises to Help You Start Your Scenes in the Middle” by Diana Watts
<http://jimmycarrane.com/3-exercises-to-help-you-start-your-scenes-in-the-middle/>

“No joke: Why the business world is embracing comedy” by Andreane Williams
<http://www.bbc.com/news/business-35756883>

“3 Improv Exercises That Can Change the Way Your Team Works” by Tom Yorton
<https://hbr.org/2015/03/3-improv-exercises-that-can-change-the-way-your-team-works>

“Why Hiring Comedians Is Great For Business - People who take comedy seriously have honed the skills you need in your customer service department, found SeatGeek’s Ross Berger.” by David Zax
<http://www.fastcompany.com/3055039/most-creative-people/why-hiring-comedians-is-great-for-business>

Part B: More generally about Creativity, Play, Innovation...

“Is innovation child’s play?” on the Aurecon blog
<http://justimagine.aurecongroup.com/is-innovation-childs-play/>

“How to raise innovative kids” by Dominic Basulto
<http://www.washingtonpost.com/news/innovations/wp/2015/08/14/how-to-raise-innovative-kids/>

“Spontaneous Versus Solution-Oriented Creativity” by Jeffrey Baumgartner

<http://www.innovationmanagement.se/imtool-articles/spontaneous-versus-solution-oriented-creativity/>

“How to cheer children in hospitals? Bring in the clowns” by Beverly Beckham
<https://www.bostonglobe.com/metro/2016/03/19/how-cheer-children-hospitals-bring-clowns/4m4HS5SaErQyTPe4b5rsNO/story.html>

“FunnyBizz Conference Brings Serious Fun to the World of Business” by Steve Bhaerman
http://www.huffingtonpost.com/steve-bhaerman/funnybizz-conference-brin_b_8113684.html

“Aspects of Play - A «How To» Approach: Enabling a Thriving Culture” by Beard Braende, with 5 short videos
<http://curious.no/omoss/aspects-of-play/>

“26 Creative Ideas – How to Be Creative When Creativity Is Blocked” by Mike Brown
<http://brainzooming.com/26-creative-ideas-how-to-be-creative-when-creativity-is-blocked/3924/>

“Fast Company – Creative Strategy Lessons from the 100 Most Creative People in Business 2012” by Mike Brown
<http://brainzooming.com/fast-company-creative-strategy-lessons-from-the-100-most-creative-people-in-business-2012/12242/>

“Creative Thinking Exercises – Ten Valuable Lessons in Group Facilitation” by Mike Brown
<http://brainzooming.com/creative-thinking-exercises-ten-valuable-lessons-in-group-facilitation/24639/>

“Creativity in Business – 48 Creative Appreciation Ideas” by Mike Brown
<http://brainzooming.com/creativity-in-business-48-creative-appreciation-ideas/25031/>

“Tim Brown: Tales of creativity and play” (video, 27m 51s)
http://www.ted.com/talks/tim_brown_on_creativity_and_play

“The Myths Of Creativity: Building A Better Mousetrap” by David Burkus
 Excerpt: “It’s not enough for an organization to have creative people; it has to develop a culture that doesn’t reject great ideas.”
<http://www.fastcompany.com/3017123/leadership-now/the-myth-of-building-a-better-mousetrap>

“Why Lego’s CEO Thinks More Grown-Ups Should Play At Work” by Jo Confino, Executive Editor, Impact & Innovation, *The Huffington Post*
http://www.huffingtonpost.com/entry/lego-and-the-power-of-play-to-transform-business_55d72809e4b020c386de52bd

“Empathy, Imagination, Dementia and Play” by Bernard De Koven
<http://www.aplayfulpath.com/empathy-imagination-dementia-play/>

“The Territory of Play” by Bernard De Koven
<http://www.aplayfulpath.com/the-territory-of-play/>

“What We’re Reading: The Importance of Play” by Claire Diaz-Ortiz (including a video of a TED talk by Stuart Brown: “Play is more than fun”)
<http://www.quietrev.com/what-were-reading-the-importance-of-play/>

“How to Be Creative, According to Albert Einstein, Pablo Picasso and Stephen King” by Daniel DiPiazza
<http://time.com/4202853/advice-albert-einstein-pablo-picasso-stephen-king/>

“Mistakes Fuel Creativity and Innovation” by Douglas Eby
<http://thecreativemind.net/728/mistakes-fuel-creativity-innovation/>

“What might happen if Creative Problem Solving was a universal skill?” by Bob Eckert
<https://www.linkedin.com/pulse/what-might-happen-creative-problem-solving-universal-skill-bob-eckert>

“Your Most Creative Ideas Are the Hardest to Sell—But They Don’t Have to Be” by Adam Grant
<https://www.linkedin.com/pulse/your-most-creative-ideas-hardest-sellbut-dont-have-adam-grant>

“How to Build a Culture of Originality” by Adam Grant
<https://hbr.org/2016/03/how-to-build-a-culture-of-originality>

“Creative people’s brains really do work differently” by Carolyn Gregoire and Scott Barry Kaufman
<http://qz.com/584850/creative-peoples-brains-really-do-work-differently/>

“Yes, Creativity Can Be Learned” by Anna Guerrero
<https://designschool.canva.com/blog/creative-learning/>

“Bran Ferren on the Art of Innovation - A celebrated proprietor of R&D ateliers explains how companies can cultivate the rare people who create miracles.” by Art Kleiner and Juliette Powell
<http://www.strategy-business.com/article/00381>

“Why Play Should Be a Priority for Every Adult’s Life” by Taylor Kreiss
http://www.creativitypost.com/psychology/why_play_should_be_a_priority_for_every_adults_life

“How to Create Creative Ideas Without Being Creative” by Alex Liang

<https://blog.goodaudience.com/how-to-create-creative-ideas-without-being-creative-6ee6d1882667>

“Texas School Triples Recess Time And Sees Immediate Positive Results In Kids” by Elizabeth Licata

<http://www.scarymommy.com/texas-school-triples-recess-time-and-sees-immediate-positive-results-in-kids/>

“Three ways to build innovation into your organization” by Rob Livingstone

<http://theconversation.com/three-ways-to-build-innovation-into-your-organisation-56494>

“To Get More Creative, Become Less Productive” by Art Markman

Excerpt: “...creative enterprises rarely involve steady and measurable progress. Instead, being creative involves trying lots of different possibilities, struggling down several blind alleys before finding the right solution.”

<https://hbr.org/2015/11/to-get-more-creative-become-less-productive>

“There’s a critical difference between creativity and innovation” by Drew Marshall

<http://www.businessinsider.com.au/theres-a-critical-difference-between-creativity-and-innovation-2016-2>

“John Cleese: Creativity, Imagination & Tortoise Enclosures #CMWorld” by Joshua Nite

<http://www.toprankblog.com/2015/09/john-cleese-cmworld/>

“The Future of Work - According to academic entrepreneur and strategist Heather McGowan, a focus on certainty over creativity is coming at our peril.” by Natalie Nixon

<http://www.inc.com/natalie-nixon/the-future-of-work.html>

“7 Reasons Creative Leaders Should Play More Games” by Lieselotte Nooyen

<http://www.thnk.org/2013/07/7-reasons-creative-leaders-should-play-more-games/>

“Circademics’ get serious about circus” by Matt Pickles

<http://www.bbc.com/news/business-33277907>

“What Makes an Original: Psychologist Adam Grant on the Paradox of Achievement and How Motivated Dissatisfaction Fuels Creativity” by Maria Popova

Did you know that the word “entrepreneur” is literally translated as “bearer of risk”?

<https://www.brainpickings.org/2016/02/16/adam-grant-originals/>

“Staying one step ahead at Pixar: An interview with Ed Catmull” - interview in McKinsey Quarterly by Huggy Rao, Robert Sutton and Allen Webb

<http://www.mckinsey.com/business-functions/organization/our-insights/staying-one-step-ahead-at-pixar-an-interview-with-ed-catmull>

“Finally, it’s here: Adam Grant’s TED talk on Creativity and Innovation” by Dr Nico Rose, with a video of Adam Grant’s talk (15m 24s)

<http://mappalicious.com/2016/04/02/finally-its-here-adam-grants-ted-talk-on-creativity-and-innovation/>

“Creativity and Improvisation” by Kay Ross (about the book “Creativity, Inc. – Overcoming the Unseen Forces that Stand in the Way of True Inspiration” by Ed Catmull)

<http://www.kayross.com/blog/2015/12/29/creativity-and-improvisation/>

“Creativity Creep” by Joshua Rothman

<http://www.newyorker.com/books/joshua-rothman/creativity-creep>

“Creative Leadership: how to change how we work” podcast - Jessica Tangelder interviews facilitator Viv McWaters (72m 45s)

<https://www.spreaker.com/user/jessicatangelder/creative-leadership-how-to-change-how-we>

“The Business Case For Adult Recess - Psychologists are rediscovering the cognitive benefits of purposeless fun.” by Carson Tate

<http://www.fastcompany.com/3051770/know-it-all/why-you-should-stop-what-youre-doing-and-go-play>

“What is Play? Ziksana Consulting” (video, 1m 46s)

<https://www.youtube.com/watch?v=NCsuGnSGxkg>

Part C: Should We “Celebrate Failure”?

In the worldwide Applied Improvisation community over the past few months, there has been a lively conversation about the issue of “failure”. In the world of theatrical improv, there’s a commonly taught and frequently repeated principle saying “Celebrate failure”, and many people question whether it’s helpful to use that phrase when we’re talking about applying the principles of improv *offstage*, for example in such life-or-death fields as neurosurgery and the design of space shuttles.

My interpretation of the phrase “Celebrate failure” is that it’s about creating and nurturing a safe space (both onstage and off) where people are willing to step up, have a go and take a risk, even if they’re scared and there’s possibility that they’ll make a mistake and fail.

So here are some resources about that issue (I’ve repeated some items from Parts A and B above):

Three threads on the Applied Improvisation Network’s group page on Facebook (you need to be logged in to Facebook to access these):

Assael Romanelli:

<https://www.facebook.com/groups/appliedimprov/permalink/10156445671785571/>

Doug Shaw:

<https://www.facebook.com/groups/appliedimprov/permalink/10156451729365571/>
 Christian F. Freisleben-Teutscher (with lots of helpful comments by Paul Z Jackson):
<https://www.facebook.com/groups/appliedimprov/permalink/10156596208920571/>

“The experience CEOs want to see in every new hire” by Jenny Anderson
 Spoiler alert: “They want people who have failed. Big, pain-inducing failures.”
<http://qz.com/608221/the-experience-ceos-want-to-see-in-every-new-hire/>

“Is innovation child’s play?” on the Aurecon blog
 The author writes about a team-building exercise to design and build the tallest free-standing structure possible out of 20 sticks of spaghetti, one metre of tape, one metre of string, and one marshmallow, and states that one of the lessons of the exercise is: “Don’t be afraid to fail! Another reason children often outperform adults could also be because they don’t have an innate fear of failure and are open to ideas and suggestions from others.”

One commenter wrote about her experience of doing that exercise with some engineers: “In our debrief we felt that we had spent too much time on theorising rather than trying out. We watched a video of kids doing it and they spent a lot of time experimenting, going “oops that didn’t work” and trying something else. In our industry we obviously can’t go “oops that didn’t work” if a structure collapses or a road fails, but we should ponder on mechanisms of safe experimentation.”

<http://justimagine.aurecongroup.com/is-innovation-childs-play/>

“Improvisation: Saying Yes to Everything, Especially Failure” by Christopher Baker
<https://hearmecarpayarn.wordpress.com/2016/02/10/improvisation-saying-yes-to-everything-especially-failure/>

“Why failure is a key part of Pixar’s culture” by Natalie Clarkson
 Quote by Ed Catmull: “The basic problem is we have two meanings of failure. One is: we learn from the past, we’ve all failed – that’s the positive meaning. And the other is that in school if you fail it’s because you’ve screwed up or you’re not smart but in politics and in business, failure is used as a bludgeon against opponents, so there’s a real aura of danger around failure. And emotionally we can’t disconnect those two meanings and we have to recognise that that feeling about failure is a reality.”
<https://www.virgin.com/node/108881>

“9 Brilliant Inventions Made by Mistake” by Tim Donnelly
<http://www.inc.com/tim-donnelly/brilliant-failures/9-inventions-made-by-mistake.html>

“What Google Learned From Its Quest to Build the Perfect Team” by Charles Duhigg
<http://www.nytimes.com/2016/02/28/magazine/what-google-learned-from-its-quest-to-build-the-perfect-team.html>

“Mistakes Fuel Creativity and Innovation” by Douglas Eby
<http://thecreativemind.net/728/mistakes-fuel-creativity-innovation/>

“Building a psychologically safe workplace: Amy Edmondson at TEDxHGSE” (video 11m 26s)

<https://www.youtube.com/watch?v=LhoLuui9gX8>

“We Are Failing At Failing” by Bill Fischer

Excerpts:

“...while the by-product of experimentation is failure, the long-term goal remains “success.” We fail to succeed.”

“When IDEO says fail faster to succeed sooner, what we should be hearing is “succeeding”, more than “failing.””

<http://www.forbes.com/sites/billfischer/2016/03/07/we-are-failing-at-failing/#1d2da2c63147>

“The trend of embracing failure – what do investors think?” by Neil Fogarty

Excerpt: “Bill Gates once said “success is a lousy teacher” and we have many people encouraging entrepreneurs to fail fast and fail often.

But, as an investor, do I want to be sitting here thinking that I am pumping cash into a business that has so many cheerleaders encouraging failure?”

<https://www.virgin.com/entrepreneur/the-trend-of-embracing-failure-what-do-investors-think>

“The difference between a failure and a mistake” by Seth Godin

http://sethgodin.typepad.com/seths_blog/2011/12/the-difference-between-a-failure-and-a-mistake.html

“Our lives are not simply black and white - If people read nothing but bad news about their town, that’s what they’ll come to expect. How to change that?” by Keith H.

Hammonds

Two excerpts:

“What’s good in a community, what’s working, is as true and as important as what fails. And coverage that focuses on extremes risks missing what’s in the middle. As one focus group participant told us: “Most of our lives are not simply black and white, good or bad.””

“...psychology research has shown that “people in positive emotional states are more creative, more pro-social, and more resourceful. The same research also suggests that resilience can be learned and that it has a ripple effect.””

<https://medium.com/the-whole-story/our-lives-are-not-simply-black-and-white-6989ed3c7eba#.s7ldij3b9>

“Herbie Hancock On Miles Davis”, about “mistakes” (video, 1m 31s)

<https://www.youtube.com/watch?v=t-vlff0G05M>

“How to Cultivate the Art of Serendipity” by Pagan Kennedy

Two excerpts:

“Some scientists even embrace a kind of “free jazz” method, he said, improvising as

they go along: “I’ve heard of people getting good results after accidentally dropping their experimental preparations on the floor, picking them up, and working on them nonetheless,” he added.”

“One survey of patent holders (the PatVal study of European inventors, published in 2005) found that an incredible 50 percent of patents resulted from what could be described as a serendipitous process. Thousands of survey respondents reported that their idea evolved when they were working on an unrelated project — and often when they weren’t even trying to invent anything. This is why we need to know far more about the habits that transform a mistake into a breakthrough.”

<http://www.nytimes.com/2016/01/03/opinion/how-to-cultivate-the-art-of-serendipity.html>

“Krisztina “Z” Holly’s Required Reading” by Theodore Kinni

Krisztina Holly is “an inaugural entrepreneur-in-residence for the City of Los Angeles Mayor’s Office” and was formerly the founding executive director of the Deshpande Center for Technological Innovation at MIT and then vice provost for innovation at University of Southern California.

She says that one of the books she has found most helpful in her career is Keith Johnstone’s “Impro: Improvisation and the Theatre”. She writes: “He’s really preaching a leadership mind-set that is wide open to new ideas and to encouraging other people to open up, too. Achieving that attitude involves being true to ourselves and helping the whole team get past fears about judgment and failure.”

<http://www.strategy-business.com/blog/Krisztina-Z-Holly-Required-Reading>

““Fail Safe” The Man Who Collects Failure” by Jonathan Littman

Excerpt: “Mathieu Guerville collects failure. Not just any failure. Catastrophes on the scale of Enron, Bernie Madoff, and Lehman Brothers. In a career in which he is charged with picking winners, surrounding himself with objects of failure may be how Guerville increases his odds of success.”

<http://smartup.life/fail-safe-the-man-who-collects-failure/>

“Going from fragile to agile - Why do companies need to be more nimble?” - from McKinsey&Company. A conversation between McKinsey executives Aaron De Smet and Chris Gagnon, moderated by Luke Collins (and there’s not a single mention of improvisation in the article)

Aaron De Smet says: “Fail fast and learn from it. And sometimes fail multiple times before you get it right. And make smart decisions about when to cut it and say, “this just isn’t working.” Or “we should try again.” A lot of companies, when they say, “we need to embrace failure”—well, I’m not sure it’s embracing failure so much as you’re willing to try things that don’t work the first time. And that’s different... You have to fail in small, contained ways.”

<http://www.mckinsey.com/business-functions/organization/our-insights/going-from-fragile-to-agile>

“Astronaut Chris Hadfield On How Failing Can Motivate” by Florian Obkircher

<https://www.redbulletin.com/us/us/lifestyle/astronaut-chris-hadfield-explains-the-power-of-negative-thinking>

“Hooray! I Made a Mistake!!!” by Margaret Sue Perlstein

<http://www.margaretperlsteinmft.com/hooray-i-made-a-mistake/>

“Finally, it’s here: Adam Grant’s TED talk on Creativity and Innovation” by Dr Nico Rose, with a video of Adam Grant’s talk (15m 24s)

Excerpts:

“In this talk, learn three unexpected habits of originals — including embracing failure.

“The greatest originals are the ones who fail the most, because they’re the ones who try the most,” Grant says. “You need a lot of bad ideas in order to get a few good ones.”

“Originals feel fear too. They’re afraid of failing, but what sets them apart from the rest of us is that they’re even more afraid of failing to try.”

<http://mappalicious.com/2016/04/02/finally-its-here-adam-grants-ted-talk-on-creativity-and-innovation/>

“Creativity and Improvisation” by Kay Ross (about the book “Creativity, Inc. – Overcoming the Unseen Forces that Stand in the Way of True Inspiration” by Ed Catmull)

<http://www.kayross.com/blog/2015/12/29/creativity-and-improvisation/>

“The True Lesson of an Airbag Disaster - Honda’s practice of learning from errors had to change when failure became deadly.” by Jeffrey Rothfeder (about the deadly failure of Takata airbags)

Conclusion: “...perhaps the Takata episode has finally revealed that learning from failure only works when decision makers can think clearly about error, distinguishing acceptable deviations from unacceptable mistakes.”

<http://www.strategy-business.com/blog/The-True-Lesson-of-an-Airbag-Disaster>

“Beautiful Oops!” book by Barney Saltzberg, which “shows young readers how every mistake is an opportunity to make something beautiful”

<http://www.goodreads.com/book/show/8319728-beautiful-oops>

“Let’s Fight About Making Mistakes. Or Let’s Not.” by Patrick Short

<http://www.portlandcomedy.com/applied-improv-blog/2015/11/25/lets-fight-about-making-mistakes>

“Astro Teller: The unexpected benefit of celebrating failure” at TED2016 (video, 15m 33s)

Excerpt: “...enthusiastic skepticism is not the enemy of boundless optimism; it’s optimism’s perfect partner. It unlocks the potential in every idea.”

http://www.ted.com/talks/astro_teller_the_unexpected_benefit_of_celebrating_failure

“Don’t make this mistake about mistakes” by Paul Z. Jackson

<http://www.impro.org.uk/content/don%E2%80%99t-make-mistake-about-mistakes>

Part D: Books

Not intended as an exhaustive list – just a few books I’ve read in the past year or want to read, and other people’s lists of books and book reviews.

Book list on the Applied Improvisation Network’s website

<http://appliedimprovisation.network/library/books/>

“Jill Bernard’s Small Cute Book of Improv” by Jill Bernard

<http://jillbernard.blogspot.hk/2008/06/jill-bernards-small-cute-book-of-improv.html>

“The Best Improv Books of 2015” by Jimmy Carrane

<http://jimmycarrane.com/the-best-improv-books-of-2015/>

“Creativity, Inc. – Overcoming the Unseen Forces that Stand in the Way of True Inspiration” by Ed Catmull, President of Pixar Animation and Disney Animation

http://www.amazon.com/Creativity-Inc-Overcoming-Unseen-Inspiration/dp/0812993012/ref=sr_1_1

“Best published books on improvisational theatre.” by Peter Fox (with various categories: “Applied Improv”, “Creativity, Psychology, Philosophy”, “Improv History and Bios”, “Improv Theory and Practice” and “Theatre, Acting, Writing”)

<http://improv-books.com/>

“Truth in Comedy: The manual of improvisation” by Charna Halpern, Del Close and Kim “Howard” Johnson

http://www.amazon.com/Truth-Comedy-Improvisation-published-Meriwether/dp/B00E31I5XG/ref=sr_1_3?s=books&ie=UTF8&qid=1459577464&sr=1-3&keywords=truth+in+comedy+the+manual+for+improvisation

“Easy: Your LIFE PASS to Creativity and Confidence” by Paul Z. Jackson, on Kindle:

http://www.amazon.com/Easy-Your-LIFE-PASS-Creativity-Confidence-ebook/dp/B00ZTTUGIS/ref=cm_cr_pr_product_top?ie=UTF8

“Improvisation at the Speed of Life: The TJ and Dave Book” by T.J. Jagodowski, David Pasquesi and Pam Victor

http://www.amazon.com/Improvisation-Speed-Life-Dave-Book/dp/0977309339/ref=sr_1_1?s=books&ie=UTF8&qid=1459577591&sr=1-1&keywords=improvisation+at+the+speed+of+life+the+tj+and+dave+book

“Creativity Is Much More Than 10,000 Hours of Deliberate Practice” by Scott Barry Kaufman

<http://blogs.scientificamerican.com/beautiful-minds/creativity-is-much-more-than-10-000-hours-of-deliberate-practice/>

“Yes, And – How Improvisation Reverses “No, But” Thinking and Improves Creativity and Collaboration” by Kelly Leonard and Tom Yorton

http://www.amazon.com/Yes-Improvisation-Reverses-Creativity-Collaboration--Lessons/dp/0062248545/ref=sr_1_1?s=books&ie=UTF8&qid=1459577753&sr=1-1&keywords=yes+and+how+improvisation+reverses+no+but+thinking+and+improves+creativity+and+collaboration

“Nothing is Written – Learning is an Adventure” by Johnnie Moore and Viv McWaters - an ebook about creative facilitation

<http://creativefacilitation.com/facilitation-training-2/niw>

“Improvise: Scene from the Inside Out” by Mick Napier

http://www.amazon.com/Improvise-Scene-Inside-Mick-Napier/dp/156608198X/ref=sr_1_1?s=books&ie=UTF8&qid=1459577530&sr=1-1&keywords=improvise+scene+from+the+inside+out

“Improvisation Book Reviews” by Abigail Paul

<http://www.abigailpaul.com/improvisation-book-reviews/>

“Out of Our Minds – Learning to be Creative” by Ken Robinson

http://www.amazon.com/Out-Our-Minds-Learning-Creative/dp/1907312471/ref=sr_1_1?s=books&ie=UTF8&qid=1458972610&sr=1-1&keywords=out+of+our+minds+learning+to+be+creative+by+ken+robinson

“Performance Breakthrough” by Cathy Salit

<http://performanceofalifetime.com/book/#About>

“Group Genius : The Creative Power of Collaboration” by Keith Sawyer

<http://www.bookdepository.com/book/9780465071937>

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Hong Kong

kayross@hkstar.com

www.kayross.com

<http://twitter.com/kayross>

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